

Rural Women Development Trust
No. 2/287, VELLALAR STREET
MELVILVARAYANALLUR VILLAGE & POST
KALASAPAKKAM TALUK, TIRUVANNAMALAI DISTRICT
TAMILNADU - 606906

Annual Report - 2022-2023

RURAL WOMEN DEVELOPMENT TRUST is a registered voluntary Organization. It is a voluntary, Non-governmental, Non-Political, Non-Religious, Non-Caste and Creed and nonprofit making and service oriented organization. I beg to submit the Annual Report along with Audited Statements.

SENIOR CITIZEN HOME FOR WOMEN AND DESTITUTE OLDER PERSON:-

Raising awareness about drug addiction is important, but it can be difficult to approach a person who is struggling with addiction.

We approach the person with empathy and compassion and believing that drug addiction is a medical condition and not a moral failing, and that recovery is possible.

We give awareness to them through bitnotice, cultural, streetplay.

We listen to the person's perspective without judgment while avoiding criticizing or lecturing them, as this can make them feel defensive or ashamed.

We offer support and encouragement for the person to seek help and share information about available treatment options and resources, and offer to help them find a healthcare provider or support group.

We also let them know that we care about them.

RWDT is the Rest Home for Senior citizen and destitute older person, with view that are growing problems among the urban families in India due to modernization and fast paced livings on present days. Family bonded and love are broken now a days, where the aged parents are left alone by the children and also due to over burden with works of this present

day society or due to migration to cities and abroad for works and income generation by this young generation, many of the elders are left alone with no care for medicine, love and other basic amenities in their rest of life. Hence RWDT is one of the key initiatives of RURAL WOMEN DEVELOPMENT TRUST meant to support the deserving elders in their rest of life, but with a focus on Short Time Stays until their family is counseled and the elders are reinstated back into their regular social life. RWDT campus is situated in an eco-friendly atmosphere, free from pollution in Polur, Taluk HQ, RWDT has very good infrastructure with 5 rooms with 1 Kitchen and 6 bathrooms & Toilets with all facilities, two Halls, well equipped and facilitated with care.

To help needy aged (any person of either sex above 60 years), irrespective of caste or creed. For the above purpose and or in pursuance thereof to undertake, execute, support and assist any programme(s) or project(s) with no profit motive designed, to provide –

We have selected 30 senior citizens home for women and provided with Food, Water, shelter clothing and for needy aged Medical care with refreshment like Newspaper, Television and other activities like Yoga and physical exercises to improve the health of the Ashramites.

Educational & recreational facilities to the aged and provide facilities for them to lead a religious & meditative life.

- ❖ To promote National Integration and Unity of the Country
- ❖ To promote self confidence and spirit of self reliance among the Ashramites to enable them to acquire necessary skills and guide them to achieve excellence in their fields of activity.
- ❖ To publish books, newspapers, journals, brochures, pamphlets etc., to achieve the objectives of RWDT-Sevashram
- ❖ To encourage the Ashramites to actively participate in the social services which may be sponsored for the upliftment of villages, even by accepting aid from National & International Philanthropic Agencies
- ❖ To encourage Ashramites in maintaining agriculture and Dairy farm within the RWDT-Sevashram

To do all such things as are incidental or conducive to the attainment of the objectives or any of them.

INTEGRATED REHABILITATION CENTRE FOR ADDICT - IRCA :-

We are regularly conducting Drug abuse awareness and counseling to rural masses. Street drama, songs methods are followed in creating awareness. Poor after drink alcohol and create a lot of problems, Most of them addicts many families suffer due to alcoholism. Drug abuse awareness camps are being conducted in the villages of Kalasapakkam and Polur taluk. We were started integrated Rehabilitation Centre for Addicts – IRCA for the past two years. After creating awareness programme people are invited to our counseling centre for further clarification. In our counseling centre we give counseling to those who are drug addicts. Those who required rehabilitations are given treatment in our rehabilitation centre. Weekly twice or more minimum of 4 Clients come to our counseling and rehabilitation centre. Current year 130 alcohol addict clients treated and counseled in our counseling centre. Raising awareness about drug addiction is important, but it can be difficult to approach a person who is struggling with addiction.

We approach the person with empathy and compassion and believing that drug addiction is a medical condition and not a moral failing, and that recovery is possible. We give awareness to them through bitnotice, culturals, streetplay. We listen to the person's perspective without judgment while avoiding criticizing or lecturing them, as this can make them feel defensive or ashamed. We offer support and encouragement for the person to seek help and share information about available treatment options and resources, and offer to help them find a healthcare provider or support group. We also let them know that we care about them.

AWARENESS PROGRAMME FOR SCHOOL AND COLLEGE STUDENTS:-

There are many higher secondary School and Colleges available in our area. So we are implementing a project for sensitization of the school and college going children towards the cause of senior citizens. Our resource persons explain to how to maintain & treated to older persons. He is incising on importance of older person support.

CONCLUSION:

RURAL WOMEN DEVELOPMENT TRUST convey its thanks to its members, well wishes, cultural team members and philanthropists to implement the welfare schemes successfully without any obstacle. RWDT also plans to continue to implement the welfare

development programme in the forth coming years with the cooperation of state and centre Govt.

The Annual Report was presented in the General Body Meeting of RWDT, Katcherimangalam Village, Tiruvannamalai District.

S. DHANAM